

Haultain Memorial School

# kindergarten orientation

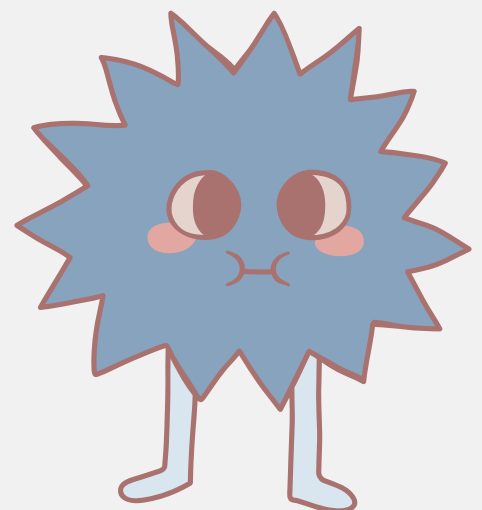
## **Inside you will find:**

Building Independence in  
your Child

Getting Ready for  
Kindergarten


First Day of Kindergarten  
Checklist

Online Videos  
Additional Resources






# Welcome



We are thrilled to welcome you and your child to our kindergarten family! As we embark on this exciting journey together, we are eager to nurture your child's curiosity, creativity, and love for learning.



Our dedicated team is committed to providing a safe, supportive, and enriching environment where your child can grow and thrive.



# GETTING READY FOR KINDERGARTEN

## Building

### Independence

Build your child's independence by encouraging the following:

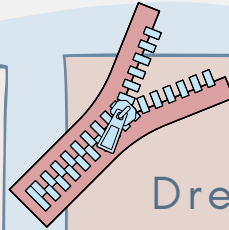
Help in small ways at home.

Play games, take turns & compromise

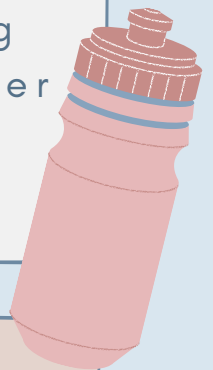


Dress themselves (zippers, buttons)

Use the bathroom & wash hands on their own



Practice opening/closing containers & water bottles



Develop a consistent bedtime routine



GETTING READY FOR  
KINDERGARTEN

# Talk About

## Everyday Activities

Talk, read, sing and  
play in your family's  
**first language**



Encourage  
your child to  
talk about  
the pictures  
and stories  
as you read  
together



Share special  
activities  
together, such as  
walks to the park.

Talk about what  
you are seeing  
and doing



Praise your  
child for  
their  
efforts and  
courage to  
overcome  
setbacks



Talk about how it is  
okay to make mistakes







# The First Day

and what you need



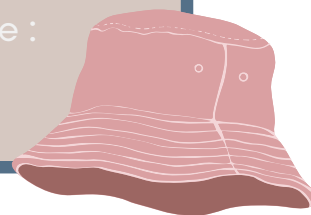
For the first day of classes,  
and every day that follows,  
please be sure to send your  
child to school with these  
items!

**PLEASE LABEL  
EVERYTHING**

## PLAY-APPROPRIATE CLOTHES & ITEMS

Clothing that is  
appropriate for **playing**,  
**creating** and **exploring**.

Weather items include:  
hats, mittens, boots



## SPARE CLOTHES

Includes: socks,  
pants, shirt,  
undergarment



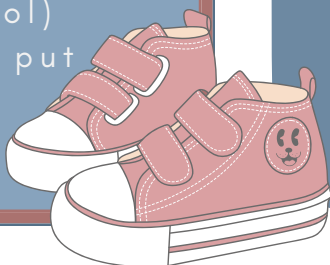
## BACKPACK

A backpack  
large enough to  
hold a library  
book, a snack  
container and  
a water  
bottle

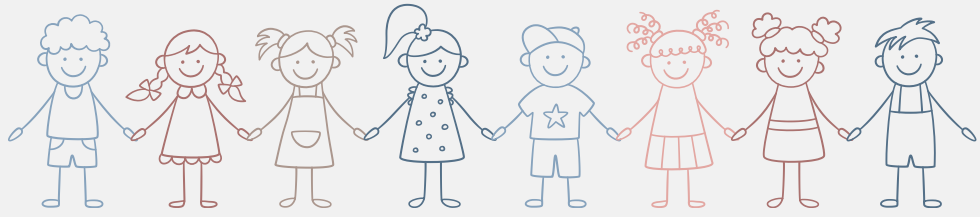


## INDOOR SHOES

Running shoes with  
Velcro fasteners (shoes  
will be left at school)  
that your child can put  
on and take off  
independently



# online Videos



## Come Learn with Us!

A welcome message from the Calgary Board of Education from our orientation presentation.

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## School Readiness How to Prepare for Kindergarten

Getting ready for kindergarten is easy with the Library. Use the five tips in this video as your guide on the road to kindergarten.

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## Ted Talk | How Every Child Can Thrive by Five

7 year-old Molly Wright highlights the benefits of play on lifelong learning, behavior and well-being, sharing effective strategies to help all kids thrive by the age of five.

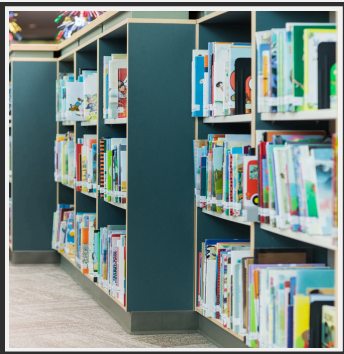
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## What is Play-Based Learning?

Getting ready for kindergarten is easy with the Library. Use the five tips in this video as your guide on the road to kindergarten.

# additional resources



## **15 TIPS TO HELP YOUR CHILD GET READY FOR SCHOOL**

Families can use these 15 tips to prepare for Kindergarten over the summer.



## **BOOKS TO GET READY FOR KINDERGARTEN**

Help prepare your child for kindergarten by sharing these and other books with your child!



## **I'M READY FOR SCREENS! PARENT RESOURCE**

Tips and strategies for using technology for fun in early childhood.



## **ACTIVE FOR LIFE**

Age-appropriate activities, games, ideas, and tips to raise kids who love to move!



## **15 TIPS TO HELP YOUR CHILD GET READY FOR SCHOOL**

Parent Hub on NewLearn Alberta to see what my child is learning



## **PBS KIDS**

One-stop shop for a wealth of fantastic PBS Kids educational content.





# Subscribe to stay informed

Sign up for School  
Messenger to receive  
emails from the school.

This is the primary way  
we communicate with  
families. If you do not  
subscribe for emails, you  
will only receive limited  
communication.

School Messenger



Sign up for MYCBE and

# Create a Parent Account

Access information about your student's progress, school conferences and lunchroom information.

MyCBE

